Dinner Menu

THE LEGEND OF NAVO

For centuries Navo Island has been revered by the Sanasana Villagers for its sacred role in the survival of its people. Located across the channel from Navo Restaurant, the island was once used as a place of safe retreat during times of war and conflict, where women and children sheltered in its secret interior caves, guarded by warriors. We honour the legend of Navo by showcasing the finest Fijian produce with an element of Italian flair, accompanied by old and new world wines. All served by our dedicated Navo team.

Inspired by the our surrounding sea and land, our intensive research for the perfect local ingredients, we look to deliver a dining experience with a refined touch of Italian inspired flavour and technique, though staying true to Fiji's enriching culture through the colours, aroma and textures.

Supporting local industry is paramount to the success of InterContinental, the map of the Fijian Islands, identifies the areas where we source the ingredients you will find on your plate this evening.

We trust you will enjoy your dining experience with us. "Bon Appetit"

NAVO FAVOURITES

PALAU ARRANCINI BALLS Fijian Spice | Vegetable rice | Tamarind Chutney Yoghurt	SM 20
VEGETABLE SPRING ROLLS Sweet Chilli Dipping Sauce	SM 20
BUTTERMILK FRIED CHICKEN Tender Thighs | Chipotle Aioli | Chilli sauce	SM 25
SEAFOOD LINGUINI Tomato Salsa | Red Onion | Garlic | Seafood Fresh Basil | Fijian Salt | Linguini	SM 25 | LG 45
SINGAPORE PRAWN NODDLE Egg Noodle | Garlic | Vegetable | Sesame Seeds	SM 25 | LG 45
STAR ANISE PORK RIBS Soy Braised Pork | Steamed Rice	SM 25 | LG 45
REEF FISH TIKKA Lentil salad | Yogurt | Mint | Coriander	SM 25| LG 45
POTATO & CHICKPEA MASALA Chickpeas | Potato | Masala Gravy Basmati Rice | Roti | Pappadum	LG 35
NAVO BEACH FISH & CHIPS Fish Fillet| Fries | Beer batter | Tartare Sauce Bush Lemon Wedges	LG 32
MEEN MOILEE CURRY Fish fillet | Spicy Curry | Jungle Chilli | Rice	LG 36

RAW

KOKODA OF MAHI-MAHI — SM 28
lime juice | coconut milk | capsicum
coriander | lemon grass

POKE BOWL — SM 24
choose: smoked salmon or teriyaki chicken
sushi rice | cucumber | shredded cabbage
carrot | sweet corn kernels | crispy onion
fresh coriander | pickled cucumber
miso vinaigrette | sesame seeds

CORAL COAST SALAD — SM 14
Local lettuce | Tomatoes | Carrot curls | Beetroot
Citrus vinaigrette | Cucumber crispy Cassava

BURGERS

Gluten Free Buns Available (+FJD5)

NAVO BURGER — LG 30
Sesame Brioche | Mayo |Tomato | Cheese
Caramelised Onion | Gherkin | French Fries

Choose:
Angus beef pattie or Chicken breast or Grilled mahi-mahi

CREATE YOUR OWN STONE BAKED PIZZA 12 Inch 30

Gluten Free Pizza Bases Available (+FJD5)

SAUCES BASE: Tomato BBQ Pesto

TOPPINGS (Max 3) +$5 for each additional topping:

Pineapple	Confit Garlic	Smoked Pepperoni	Mushroom
Truffle oil	Red Onion	Capsicums	Caramelised Onion
Olives	Fijian Chilli	Leg ham	Chicken
Beef	Prawn		

FROM THE GRILL

(Carrot & Ginger puree | Confit Garlic)

CAPE GRIM RIB EYE 250G	55
COLO-I-SUVA CHICKEN	35
AUS GRAINED TENDERLOIN 220G	58
NZ LAMB RACK	58

SAUCES: Please choose one

Veal Jus | Mushroom Sauce | Hollandaise | Lemon Buerre Blanc
Creamy Green Peppercorn Sauce

SIDES

SWEET POTATO WEDGES 14
Fijian Sea Salt | Cajun Spice

TRUFFLED FRIES 14
Shoestring fries | Fijian Sea Salt / Mixed herbs | Truffle oil

SEASONAL MIXED VEGETABLES 14
Garlic | Olive Oil | Fijian Sea Salt

DESSERTS

BAKED SUVA CHEESE CAKE 18
Wild Berry Compot | Raspberry Gel / Berry Ice Cream

ORANGE & FIJIAN CHOCOLATE TART 18
Coconut Mascarpone | Mint Leaf

TOBA ICE CREAM SELECTION 18
Trio of Ice Cream | Almond Tuille | Chocolate Soil

SIGATOKA FRUIT PLATE 18
Daily Selection of Fresh Local Tropical Fruit

NAVO CHILDRENS MENU

NATADOLA CHEESE BURGER SM 20
Angus beef | Cheddar Cheese | Lettuce | Tomato / French Fries

YUMMY STEAK & FRITS SM 20
Australian Sirloin | Salad | French Fries

NAVO ISLAND FISH & CHIPS SM 20
Battered Reef fish | Salad | Tartar Sauce
French Fries

CRUNCHY CHICKEN NUGGETS SM 20
Fried Nuggets | Vegetables | Tomato Sauce
French Fries

PENNE PASTA WITH RED SAUCE SM 20
Tomato Napolitano | Parmesan Cheese

CHINESE FRIED RICE & CHICKEN SM 20
Tender Chicken Breast | Baby Vegetables
Soy Sauce